

TOWN&COUNTRY

These spas and resorts define luxury and deliver ultimate relaxation— and are worth traveling for

By James Barrett | January 11, 2024



Le Spa

There's nothing more refreshing than an escape during the chilly winter months. It's always a great idea to treat yourself at a calming spa with recharging treatments that will make you feel brand new—awakening from hibernation. From the Tahitian sunshine to the blissful, crashing waves in Hawaii, experiencing a new place and its healing traditions will undeniably start the warm seasons off on the right foot.

Whether nestled in a forest hideaway or perched on a clifftop, these spas offer a cocoon of tranquility, inviting you to just focus on yourself. You can enjoy beautiful offerings from these destinations like traditional massages, breathwork, facials, and more. Here are our favorite spas to hibernate in this winter season.

Le Spa at Le Barthélemy Hotel & Spa

Located on a crescent-shaped beach in sunny St. Bart's, the boutique [Le Barthélemy Hotel & Spa](#) boasts an elegant open-air design with oceanfront dining venues and holistic haven Le Spa in partnership with La Mer. While lounging on the beach and getting lost in a book sounds relaxing, the spa offerings will put your mind and body at complete ease.

Capturing the healing energies of the sea, the La Mer facials at [Le Barthélemy](#) are designed to focus on moisture, regeneration, and radiance, leaving your

skin with a healthy glow. Guests can choose between personalized luxury massages as well as relax in the hydrotherapy pools, eucalyptus-Haman and sauna.